# Coverage of Low-Income Adults Under Health Reform: Lessons from State Experience

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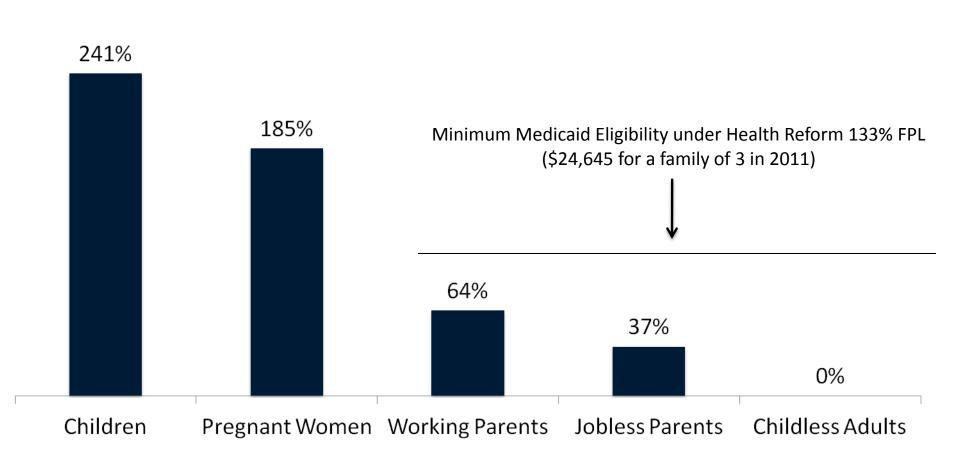
Kaiser Commission for Medicaid and the Uninsured

for

On the Road to 2014: Medicaid and CHIP Eligibility and Enrollment Conference
September 8, 2011



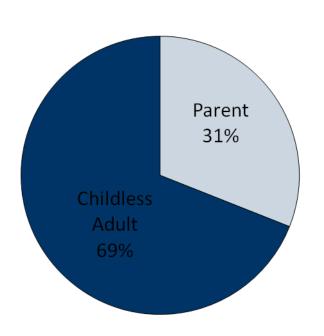
Median Medicaid/CHIP Eligibility Thresholds, January 2011



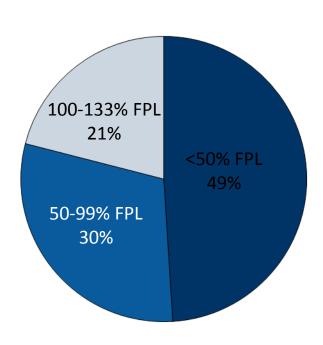


## Uninsured Adults at or below 133% FPL by Parent Status and Poverty Level, 2008

### **Parent Status**



### **Poverty Level**

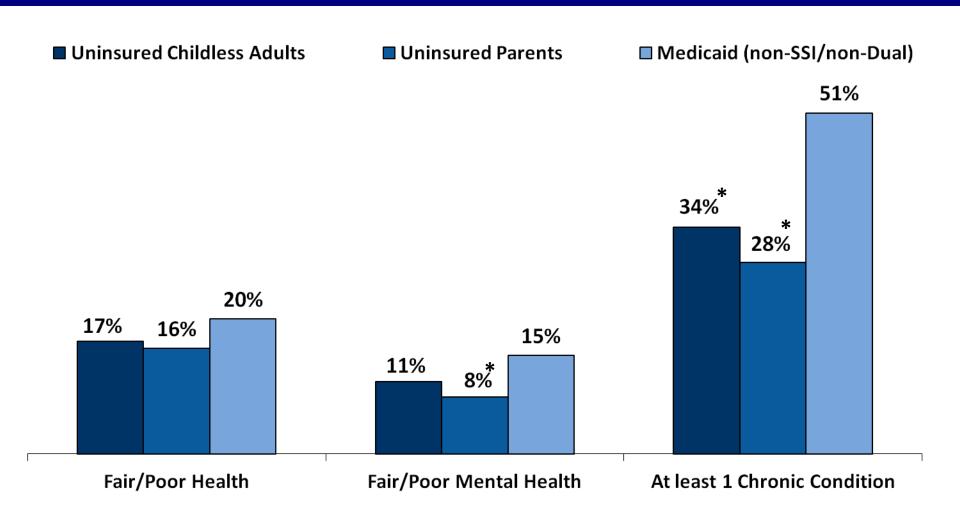


Total: 17.1 Million Uninsured Adults ≤133% FPL

The HHS federal poverty guidelines were \$10,400 for an individual and \$21,200 for a family of four in 2008.

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## Health Status of Adults at or below 133% FPL by Insurance Status, 2007



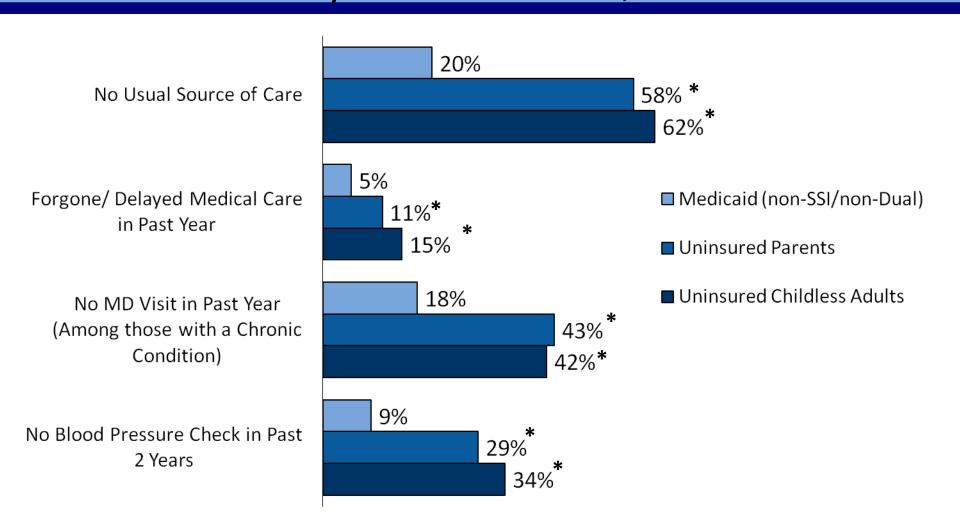
<sup>\*</sup> Statistically different from Medicaid (p<0.05)

All insurance groups include only those with full-year coverage.

SOURCE: Kaiser Family Foundation analysis of 2007 Medical Expenditure Panel Survey data.



## Access to Care and Utilization Among Adults at or below 133% FPL by Insurance Status, 2007



<sup>\*</sup> Statistically different from Medicaid (p<0.05).

All insurance groups include only those with full-year coverage.

SOURCE: Kaiser Family Foundation analysis of 2007 Medical Expenditure Panel Survey data.



### Public Coverage for Low-Income Adults Today

- Coverage Pathways
  - Mandatory and optional Medicaid eligibility for parents
  - New adult coverage option created by ACA
  - Section 1115 waiver coverage
  - Fully state-funded programs
- Coverage Types
  - Medicaid or Medicaid look-alike
  - More limited than Medicaid
  - Premium subsidies for employer-sponsored insurance
- Recent state actions
  - ACA early adult coverage option: CT, DC, MN
  - Section 1115 waivers to expand adult coverage: CA, DC, NJ, WA
  - Cuts to adults coverage: PA; AZ and NJ proposals

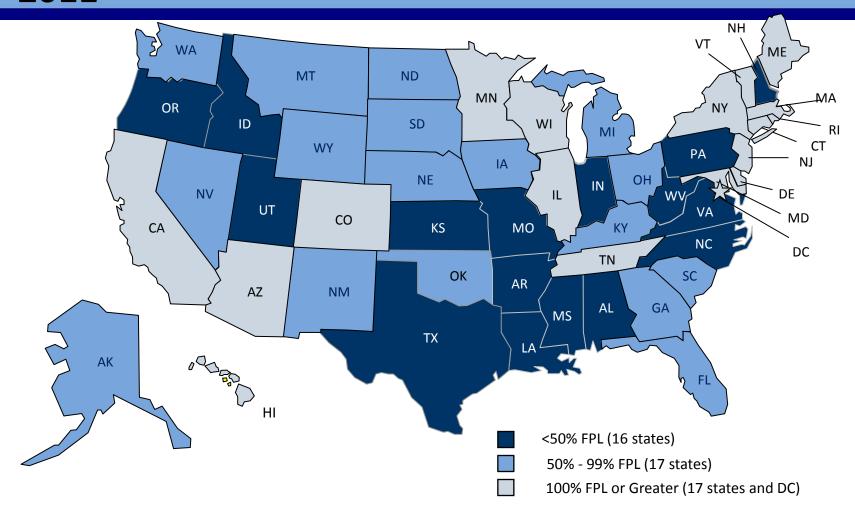


## **Examples of Limitations in Some Waiver and State-Funded Coverage**

- Enrollment caps and waitlists
- Work-related eligibility requirements (e.g., must work for small employer)
- Limited benefit packages that range from:
  - Similar to a commercial plan (e.g., MA, NM)
  - Primary care only (e.g., MD, UT)
- Enrollment fees, premiums, cost sharing above Medicaid limits



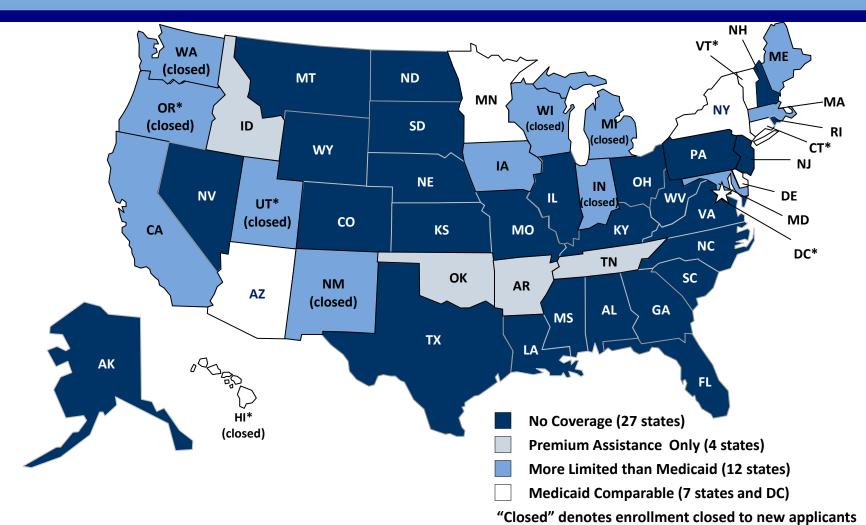
### Medicaid Eligibility for Working Parents by Income, 2011



Notes: The federal poverty level (FPL) for a family of three in 2011 is \$18,530 per year. Several states also offer coverage with a benefit package that is more limited than Medicaid at higher income levels.



### Coverage of Childless Adults by Scope of Benefit Package, 2011



Map identifies broadest scope of coverage available in the state.

CT, DC, HI, & VT also more limited coverage; OR & UT also offer "premium assistance" with open enrollment.

SOURCE: Kaiser/Georgetown Medicaid Eligibility and Enrollment Survey, 2011.



### Lessons from State Experience Providing Coverage to Low-Income Adults

- Eligible adults face a range of potential enrollment barriers
  - Historic lack of eligibility to Medicaid
  - Limited connection to public programs
  - Fluctuating incomes
  - Language and cultural barriers
- Best practices for enrolling parents and children will apply
  - Streamlined procedures with minimal paperwork
- Reaching adults will also require new outreach strategies and messages
  - Communicating the change in eligibility rules
  - Highlighting services covered and financial and health risks of being uninsured

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- Partnering with CBOs and providers; facilitated enrollment
- New outreach avenues (unemployment offices, job training programs, community colleges)

### Lessons from State Experience Providing Care to Low-Income Adults

- Adult enrollees often have greater health needs and lower incomes than anticipated
- Some have significant mental health needs and substance abuse problems
- Connecting adults with a primary care provider or medical home will be key
- Assessments and care management programs can help identify highneed cases and connect them with care

### **Looking Ahead to 2014**

- Integrated enrollment process for Medicaid, CHIP, and Exchange coverage
  - Supported by technology
  - Real-time determinations
- Simple and seamless enrollment, renewal, and coverage transition processes will be key
- Continuity of care through coverage transitions will also be particularly important for low-income adults
  - High-need cases, with behavioral health needs
- States have a long road ahead to upgrade and develop systems

#### **Additional Resources**

- Holding Steady, Looking Ahead: Annual Findings Of A 50-State Survey Of Eligibility Rules, Enrollment and Renewal Procedures, And Cost Sharing Practices in Medicaid and CHIP, 2010-2011 <a href="http://www.kff.org/medicaid/8130.cfm">http://www.kff.org/medicaid/8130.cfm</a>
- Expanding Medicaid under Health Reform: A Look at Adults at or below 133% of Poverty <a href="http://www.kff.org/healthreform/8052.cfm">http://www.kff.org/healthreform/8052.cfm</a>
- Expanding Medicaid to Low-Income Childless Adults Under Health Reform: Key Lessons From State Experiences <a href="http://www.kff.org/medicaid/8087.cfm">http://www.kff.org/medicaid/8087.cfm</a>
- Expanding Coverage to Adults through Medicaid Under Health Reform: Key Issues to Consider for Implementation <a href="http://www.kff.org/healthreform/8102.cfm">http://www.kff.org/healthreform/8102.cfm</a>

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 Coordinating Coverage and Care in Medicaid and Health Insurance Exchanges <a href="http://www.kff.org/healthreform/8118.cfm">http://www.kff.org/healthreform/8118.cfm</a>